



THE COCHIN ORTHOPAEDIC SOCIETY

Dr Dennis P Jose, President, 8A, Noel Define, Stadium Link Road, Kaloor, Kochi 682017 Mob: 9895283937, Email: drdennisp@gmail.com
Dr Jiss Joseph Panakkal, Hon.Secretary, Thachuthara House, Valavi Road, Kochi-682018, Mob: 9605322260, Email: jissjoseph@hotmail.com
Dr Joice Varghese M J, Hon.Treasurer, Mulavarickal house, Thuravoor P O, Angamaly-683572, Mob: 9846831410, Email: drjoice@gmail.com

The Cochin Orthopaedic Society's Monthly Clinical Meeting

Dr Dennis P Jose
President

Dr Jiss Joseph Panakkal
Hon.Secretary

Dr Joice Varghese M J
Hon.Treasurer

Dr Venugopal R
Imm Past President

Dr John T John
Vice President

Dr Sujit Jos
Imm Past Secretary

Dr. Sudheer Shareef
Chairman Long Term Planning

Dr Balu C Babu
IT Secretary

EXECUTIVE COMMITTEE MEMBERS

Dr. Surej G N
Dr Sreeganes K

EX.OFFICIO COMMITTEE MEMBERS

Dr. Vijayamohan S

Dear COS member,

Our monthly clinical meeting for **November 2023** will be conducted on **8th November, 7.45pm sharp at IMA House, Kochi**. I request your active participation in the meeting to have a good academic feast followed by the fellowship.

There will be a **PG session on "Radiology of Arthritis" from 7pm to 7.45pm by Dr Chandrababu KK** Clinical Professor in Orthopaedics, AIMS Kochi.

Requesting all to come sharply on time to utilise the full session

Programme:

Chairperson: Dr Biju M Nair, Senior Orthopaedic Surgeon in Joint Replacement & Arthroscopy, Sunrise Hospital, Kakkanad, Kochi

CASE PRESENTATIONS

1	"Perioperative halo gravity traction for correction of severe spinal deformity"	Dr Shambhu Hari, PG Resident, Amrita Hospital, Kochi
2	"A case of painful thumb"	Dr Suhail K, DNB Trainee, Rajagiri Hospital, Aluva, Kochi
3	"When obstetrician calls orthoped for help!"	Dr Pooja Motti, DNB Trainee, Medical Trust Hospital, Kochi
4	"Aggressive Motion is not desirable"	Dr Jittu Alex, PG Resident, Lourdes hospital, Kochi
5	"Retracted subscapularis repair with a new port using anterior endoscopy"	Dr Ayyappan V Nair, Shoulder & Sports Injury Specialist Surgeon, Manipal Hospitals, Bangalore

Faculty talk- Dr Arun S Menon,

H.O.D and Senior Consultant Endocrinologist, Department of Endocrinology, Lisie Hospital, Kochi

Topic- "Newer trends in Management of Osteoporosis"

AGENDA

Announcement of Best Paper Presentation in last month's Clinical meeting

COS Quiz Competition & Announcement of last month's Quiz Winner- Dr Balu C Babu

1. Call the meeting to order	Dr Dennis P Jose
2. Silent prayer	
3. Minutes of the last meeting	Dr Jiss Joseph Panakkal
4. Secretary's Monthly Report	
5. Calendar of Events	Dr Joice Varghese M J
6. COS Annual Audit Report 2022-2023	Dr Joice Varghese M J
7. CIOs 2023 Accounts Report	Dr Sujit Jos / Dr R Venugopal
8. Callus 2023 Prize distribution	Dr Dennis P Jose
8. Any other matters	
9. Sponsors Talk	
10. Vote of Thanks	Dr Jiss Joseph Panakkal

This meeting is sponsored by **Sunrise Hospital, Kakkanad** supported by

PharmanovaSpecialties Pvt Ltd Intas Pharmaceuticals Janssen Johnson & Johnson Pvt Ltd

Thanking you,
Dr Jiss Joseph Panakkal,
Hon.Secretary, COS