



# THE COCHIN ORTHOPAEDIC SOCIETY

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## The Cochin Orthopaedic Society's Clinical Meeting

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Dr. Sudheer Shareef  
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Dr. Joice Varghese M J  
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Dr. John T John  
Dr Sijo Joseph

### EX.OFFICIO COMMITTEE MEMBERS

Dr. Vijayamohan S  
Dr. Prathap Kumar K.R

Dear COS Member,

Our monthly clinical meeting for April 2023 will be on **April 5<sup>th</sup> 2023, (Wednesday)**  
**@7.30 pm, IMA house, Kochi.**

Prior to the meeting , **there will be a PG Session @7.00 pm on by Dr Chandrababu KK,**  
Senior Consultant Orthopaedic Surgeon, AIMS, Kochi

So, **Please come sharply on time** to attend the full session & also I request you to take active participation in this meeting to have a good academic session followed by the Fellowship

### **Programme:**

**Chairperson** Dr Cherry Cherian Kovoov, Senior Consultant Orthopaedic Surgeon, Aster Medcity, Kochi

### CASE PRESENTATIONS

|    |  |  |
|----|--|--|
| 1. | A case of neglected finger injury                                      | <b>Dr Meenakshi Nair</b> , MS Trainee, SNIMS, Chalakka, Ekm                          |
| 2. | A case of Inflammatory joint   | <b>Dr Rahul</b> , Fellow in Arthroplasty, Rajagiri Hospital, Kochi                   |
| 3. | "Old is Young" - An Interesting Spine Case                             | <b>Dr Vijay Anand</b> , Clinical Fellow -Spine Surgery Medical Trust Hospital, Kochi |
| 4. | Ilizarov fixation in a neglected Monteggia fracture; A Case discussion | <b>Dr Joe Davis</b> , Specialist - Pediatric Orthopaedics, Aster Medcity, Kochi      |

**Faculty talk- Dr Renjith K R, Consultant in Orthopedics and Spine surgery, Aster Medcity, Kochi**

**Topic- "LOW BACK ACHE; Myths debunked"**

### AGENDA

**COS Quiz Competition & Announcement of last month's Quiz Winner- Dr Joice Varghese**

|                                |                               |
|--------------------------------|-------------------------------|
| 1. Call the meeting to order   | Dr. R Venugopal               |
| 2. Silent prayer               |                               |
| 3. Obituary                    |                               |
| 4. Minutes of the last meeting | Dr Sujit Jos                  |
| 5. Secretary's Report.         |                               |
| 6. Calendar of Events          | Dr Jiss Joseph Panakkal       |
| 7. CIOs 2023                   | Dr R Venugopal / Dr Sujit Jos |
| 8. Any other matters           |                               |
| 9. Sponsors Talk               |                               |
| 10. Vote of Thanks             | Dr Sujit Jos                  |

This meeting is sponsored by **Aster Medcity, Kochi** supported by **Intas Pharmaceuticals Pvt Ltd**

### Sponsors of Upcoming Months

| <b>May</b>             | <b>June</b>        | <b>July</b>       | <b>August</b>                      |
|------------------------|--------------------|-------------------|------------------------------------|
| Medical Trust Hospital | Lakeshore Hospital | Rajagiri Hospital | Govt. Medical College, Kalamassery |

Thanking you  
Dr Sujit Jos ,  
Secretary, The COS