



# THE COCHIN ORTHOPAEDIC SOCIETY

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## The Cochin Orthopaedic Society's Monthly Clinical Meeting

Dear COS member,

Our monthly clinical meeting for **July 2023** will be conducted on **5th July, 8pm sharp at IMA House, Kochi**. I request your active participation in the meeting to have a good academic feast followed by the fellowship.

### **Programme:**

**Chairperson:** Dr Lazar J Chandy Senior Consultant Orthopaedic Surgeon, VPS Lakeshore Hospital, Ernakulam

### CASE PRESENTATIONS

|   |  |  |
|---|--|--|
| 1 | "Jones fracture -Which went crazy"   | Dr Anas Mohammed J, DNB Trainee, VPS Lakeshore Hospital, Kochi     |
| 2 | A case of complex spine pathology  | Dr Ansari S, DNB Trainee, Rajagiri Hospital, Kochi                 |
| 3 | "An Unusual tumour all over the Body"  | Dr Mahesh S, DNB Resident, Lourdes hospital, Kochi                 |
| 4 | "Missed Disc - A Case Of Discoid Lateral Meniscus with Posterior Horn Radial Tear" | Dr Kiran Benny, Sr.Resident, MOSC Medical College, Kolenchery      |
| 5 | "Stiff hips"   | Dr Saud P Mundottil, Jr. Consultant, Medical Trust Hospital, Kochi |

**Faculty talk-** V.R.K.V. Prasad Gourineni, MBBS; MS (Ortho); FAAOS; ABOS, Chairman of Amara Hospital, Tirupathi  
Clinical Associate Professor in Orthopaedics, University of Illinois, Chicago, USA

**Topic-** "Interview with a Hip preservator"

### AGENDA

**COS Quiz Competition & Announcement of last month's Quiz Winner- Dr Joice Varghese M J**

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|--|--|
| 1. Call the meeting to order                       | Dr. Dennis P Jose                          |
| 2. Silent prayer                                   |  |
| 3. Minutes of the last meeting                     | Dr Jiss Joseph Panakkal                    |
| 4. Secretary's Monthly Report                      |  |
| 5. Calendar of Events                              | Dr Joice Varghese M J                      |
| 6. COS Medical Camp 2023                           | Dr Dennis P Jose / Dr Jiss Joseph Panakkal |
| 7. KOA 1 <sup>st</sup> Annual sports meet – Callus | Dr Dennis P Jose / Dr Jiss Joseph Panakkal |
| 8. CIOs 2023                                       | Dr R Venugopal / Dr Sujit Jos              |
| 9. Any other matters                               |  |
| 10. Sponsors Talk                                  |  |
| 11. Vote of Thanks                                 | Dr Jiss Joseph Panakkal                    |

This meeting is sponsored by **VPS Lakeshore Hospital, Kochi**

### Sponsors of Upcoming Months

| August                             | September                 | October                          |
|------------------------------------|---------------------------|----------------------------------|
| Govt. Medical College, Kalamassery | Kinder Hospital, Edapally | Little flower Hospital, Angamaly |

Thanking you,  
Dr Jiss Joseph Panakkal,  
Hon. Secretary, COS