



# THE COCHIN ORTHOPAEDIC SOCIETY

Dr Dennis P Jose, President, 8A, Noel Define, Stadium Link Road, Kaloor, Kochi 682017 Mob: 9895283937, Email: drdennisp@gmail.com  
Dr Jiss Joseph Panakkal, Hon.Secretary, Thachuthara House, Valavi Road, Kochi-682018, Mob: 9605322260, Email: jissjoseph@hotmail.com  
Dr Joice Varghese M J, Hon.Treasurer, Mulavarickal house, Thuravoor P O, Angamaly-683572, Mob: 9846831410, Email: drjoice@gmail.com

## The Cochin Orthopaedic Society's Monthly Clinical Meeting

Dear COS member,

Our monthly clinical meeting for **September 2023** will be conducted on **6<sup>th</sup> September, 8pm sharp at IMA House, Kochi**. I request your active participation in the meeting to have a good academic feast followed by the fellowship.

There will be a **PG session on "Club Foot" from 7pm to 8pm by Dr Babu Joseph**, Senior Consultant Orthopaedics & Sports Medicine Specialist, Renai Medcity, Kochi

### **Programme:**

**Chairperson:** Dr Praveen Kumar K S, Senior Consultant in Orthopedics, Kinder Hospital, Kochi

### CASE PRESENTATIONS

|   |   |  |
|---|---|--|
| 1 | "A Case of Juvenile Hip Pathology"  | <b>Dr Sam Babu</b> , Fellow in Arthroplasty & Arthroscopy, Rajagiri Hospital, Kochi        |
| 2 | "An interesting case of meta-diaphyseal lesion of Tibia"                    | <b>Dr Akhil S R</b> , Junior Resident, Aster Medcity, Kochi                                |
| 3 | "A case of Chronic Recurrent Multifocal Osteomyelitis- 3yrs follow up"      | <b>Dr Prince Agarwal</b> , MS Trainee, AIMS, Kochi   |
| 4 | "A Case of Arthroscopic pulverisation in the hip joints"                    | <b>Dr Shobit Joseph</b> , PG Resident, MOSC Medical College, Kolenchery                    |
| 5 | "A Case of IDEM ( Intra Dural Extra Medullary Tumour) as Sciatica Mimicker" | <b>Dr Vijaya Anand</b> , Fellow, Department of Spine Surgery Medical Trust Hospital, Kochi |

**Faculty talk-** Dr Padmanabha Shenoy, Consultant Rheumatologist, CARE Kochi

**Topic-** "Rheumatoid Arthritis in 2023, Relevant to Orthopaedics"

### AGENDA

**Announcement of Best Paper Presentation in last month's Clinical meeting**

**COS Quiz Competition & Announcement of last month's Quiz Winner- Dr Balu C Babu**

|                                |  |
|--------------------------------|--|
| 1. Call the meeting to order   | Dr. Dennis P Jose                              |
| 2. Silent prayer               |  |
| 3. Minutes of the last meeting | Dr Jiss Joseph Panakkal                        |
| 4. Secretary's Monthly Report  |  |
| 5. Calendar of Events          | Dr Joice Varghese M J                          |
| 6. CIOS 2023                   | Dr R Venugopal / Dr Sujit Jos / Dr John T John |
| 7. Any other matters           |  |
| 8. Sponsors Talk               |  |
| 9. Vote of Thanks              | Dr Jiss Joseph Panakkal                        |

This meeting is sponsored by **Kinder Hospital, Edappally** supported by **Tynor Orthotics Pvt. Ltd**

Thanking you,  
Dr Jiss Joseph Panakkal,  
Hon.Secretary, COS